

Katybugs Chakra Series and Color Energy Treatments:



The Chakra and Color Energy Services are created to both educate and provide people with products they can use to tap into the power of color.

Philosophy of Color Energy.

Color is pure energy. Each color of the rainbow has a different frequency and power that reaches us through light rays. Light stimulates our body's endocrine system, which is connected to our energy centers (chakras). All organs, body systems and functions are connected to these energy wheels.

Light consists of seven color energies: **Red, Orange, Yellow, Green, Blue, Indigo,** and **Violet**. Our body absorbs light energy for nourishment on a daily basis. Our other senses can receive additional color energy through a balance of different colored foods, herbs, vitamins, minerals, gemstones, aromatherapy, essences, sound, body products, clothing, and décor.

Scientists have demonstrated that color not only affects one's psychological disposition of mood, energy, feelings and behavior, but it can also have a real impact on one's physiology. Studies have proven that the color red will increase heartbeat, blood pressure and body temperature. It is interesting to note that people who have the same illness avoid the same color. And, why do we prefer certain colors and avoid others? With music we

hear sound but we don't see the sound waves, yet certain songs may make us happy or sad while others energize or relax us. The sound waves emit color frequencies.

An Introduction to just some of Katie's Chakra Skin Care Products and Holistic Mind, Body, and Spirit Menu:

Chakra Harmony Blend available in Mist, Lotion, and Essential Oil Synergy.

This is a lovely blend which tunes the chakras, heightens vibration, and excellent for physical, emotional, and spiritual tuning. It reflects the compassionate and merciful heart. (Frankincense, honeysuckle, kunzea, german chamomile, and violet)

3 Step Facial Products – A unique blend of 100% natural botanicals created to cleanse, tone, and hydrate – as well as moisturize the skin. These products nourish, revitalize, and tone the skin. Katie personally blends all her skin care products and assures therapeutic grade essential oils and plant based, cruelty free ingredients. These products are PH balanced with natural light frequency and color vibration.

Pure Therapeutic Quality Essential Oils related to each chakra. Katie is a licensed clinical Aromatherapist trained in chakra balancing with essential oils, plants, and synergistic blends. (See Essential Oil Menu and visit website for listing and prices).

Just imagine the full awakening of your senses when you combine Holistic treatments with music, botanicals and minerals all having color vibrational frequencies. It is peaceful, calming, and transforming.

(Treatment menu over)

