



Extraordinary Vessels with Essential Oils Therapist Kit

- (14) 7.5 ml bottles essential oil and synergistic blends
- (5) crystal points (clear quartz, smokey quartz, kyanite wand, amethyst point, tangerine point)
Energetically pure quartz crystal points used as bioenergetic tools for healing.

This therapist kit is designed to provide the acupuncturist with the essential oils and blends indicated when working with the Eight extraordinary vessels. These Eight extraordinary channels, also known as the Eight Ancestral Meridians and the Extraordinary Conduits, are channels which affect the body on the deepest level of our basic constitutional energy - the Essence (Jing), or Genetic Level (DNA). Combining Essential Oils to the Opening point, and, if necessary, to selected points on the trajectory, can synergistically amplify the energetic results. It is important to note that a tiny amount of essential oil is applied due to the following facts:

- Too much oil floods the nerve receptors and the body switches them off, consequently rendering the oil useless.
- More than a minuscule amount on BL-1 can be dangerous as it migrates to the eye via the skin's natural oils.
- The tiniest amount provides the maximum amount of stimulation to the point. Remember, "Much Less is More"

CHONG MAI
SP4, Traj5: Patchouli

REN MAI
LU7: Neroli/Ginger

YIN WEI MAI
PC6: Clary Sage

CHONG MAI
Traj 1, 4: Savory

DU MAI
S13: Cedar/Cinnamon

YANG WEI MAI
TH5: Rosemary/Citronella

CHONG MAI
Traj2: Violet

DU MAI
S13: Cedar/Cinnamon

YIN QIAO MAI
K16: Jasmine

CHONG MAI
Traj2: Clary Sage

DU MAI
S13&BL62:
Fennel/Cinnamon/Mugwort

YANG QIAO MAI
GB41: Mugwort-Damp Cold

CHONG MAI
Traj3: Cedarwood

DAI MAI
GB41: Basil-Damp Heat



The therapist kit includes (5) organic, non-polished quartz crystals. Crystals in their raw state, with no impurities, placed in positions adjacent to acupuncture points, strongly regulate energy flows within the body in the following ways

- They help remove stagnant energy and induct fresh energy
- They can heal areas of pain, congestion and inflammation
- They can bring order into areas that have become disordered at an energetic level

Terminated Quartz Crystals:

- Clear Quartz double terminated - conducts intentionality. Regulates Qi, Dyspnea, opens diaphragm, relieves tightness and constriction in diaphragm.
- Smokey Quartz – Moves Qi in an out. Good point to use on Ub23 & Kd3; Smokey quartz is said to relieve tension and stress, anxiety and panic attacks. It is cleansing and re-purposing.
- Amethyst – Sp/St divergent meridian; detoxifies hormones, insomnia, assists in times of crisis (menopause, hormonal problems, puberty, career changes, death, divorce), cooling on skin. Dark Amethyst nourishes KD yin
- Kyanite – The kyanite blade is a powerful transmitter. It does not absorb negative energy and does not have to be cleared. Kyantite assists stress and anxiety conditions as well as promotes healthy cell development, aids muscular disorders and can be used as a natural pain reliever. Place between Lv2 and Lv3 to calm and soothe.
- Tangerine – The tangerine quartz has a positive vibration and provides healing energy after trauma or shock. It is often used on Sp3 for indigestion, bloating, flatulence and fatigue. It nourishes postnatal Qi.



Katie is a Certified Clinical Aromatherapist, Reiki Master (Usui and Karuna) Cranial Sacral practitioner, educator, and author of the Plantsense Wisdom Deck and Manual. As owner of katybugs healinsense since 1992, Katie is dedicated to providing pure essential oils, synergistic blends and healing modalities contributing to individual peace and harmony. Katie works closely with Acupuncturists, Cranial Sacral Therapists, Reiki Masters, Massage Therapists, and other Medical Professionals on a continuous basis.